

Japchae

281 kcal per serving

* Caloric value is approximate.



Ingredients (For 1 serving)

- Glass noodles (dried) ----- 20g
- Mixed cut vegetables 1/2 bag (110g)
- Beef (end pieces) ----- 50g
- <Seasonings >
- Soy sauce ----- 2 tsp
- Mirin ----- 1/2 tbsp
- Sake (rice wine) ----- 1/2 tbsp
- Dashida (Korean-style beef soup stock)
----- 1/4 tsp
- Water ----- 100 mL
- Sesame oil ----- 1/4 tsp

Directions

1. Dip the glass noodles in the water.

2. Add the glass noodles, beef, and then mixed vegetables to the inner pot in layers. Sprinkle the seasonings on top. Select the "Slow Cook • Soup" menu, set the timer for 10 minutes, and press the [Start] key.

3. When cooking is complete, drizzle the sesame oil in a circle. Place the dish on a serving plate.